



AGENDA

Attachment, Trauma, and Healing: Experiential Interventions

Terry Levy, Ph.D.

Note: All times are Pacific Time

10:00 – 10:10: Welcome and introduction

10:10 – 10:45: Attachment and Trauma

- Symptoms and neurobiology
- Core beliefs, Internal Working Model
- Attachment patterns and styles

10:45 – 11:30: Assessment and Interventions

- Life Script
- Experiential interventions
- Attachment Communication Training

11:30 – 11:45: Break

11:45 – 1:15: Clinical Video

- Review video of experiential therapy
- Q & A with Dr. Levy and attendees